

January 2012 Newsletter

Happy New Year!



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Upcoming Dates

- 1/09 – Board Meeting 7pm
- 1/16 – **NO SCHOOL**
- 1/19 – Parent Meeting 7pm
- 1/25 – PreK Fieldtrip to the Fire station

Notes from the Chair

Welcome to 2012! I hope everyone had a wonderful holiday season! We have so many exciting things planned for the second half of the year! Thank you all for making the first half such a success. We will begin registering for 2012/2013 next month. Please get the word out about all of our wonderful classes and teachers at CCCP! As we look to 2012/2013 school year we are also looking for people to serve on the board in many areas! Please contact me if you would like to serve on the board next year! If you have not had a chance to work with your committee please make sure to contact your committee lead and see how you can help -if you have an further questions please ask Katie Albright- Vice- Chair and she can you set up with your committee information!

I am very excited for our next mandatory parent meeting with P.E.A.C.E of Mind - teaching us about child safety on January 19th at 7pm! Childcare is free! Please sign up in the hallway so we know how many children will be attending!

Blessings,
~Holly

School Calendar...

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 <i>/</i>	3	4	5	6	7
8	9 <i>Board Meeting 7pm</i>	10	11	12	13	14
15	16 <i>No School</i>	17	18	19 <i>Parent Meeting 7pm</i>	20	21
22	23	24	25 <i>PreK Fieldtrip</i>	26	27	28
29	30	31	1 <i>February Tuition Due</i>	2	3	4

This and That...

2012-2013 Registration

Registration for the 2012-13 school year will be February 8, 9, and 10 at the school. Current students are eligible to register on Wednesday, February 8. School Alumni and Church members are eligible to register on Thursday, February 9 and registration opens to the public on Friday, February 10. Registration paperwork will be placed in cubbies several weeks before registration so parents can bring their paperwork already filled out to registration. If parents have any questions, please contact Michelle Spano at michelle1177@hotmail.com.

Snow Policy & School Closures

CCCP follows the Everett School District snow and weather closures and delays. Whenever the weather is in question, double check the following resources to see if school is in session:

- Everett School District Website
www.everett.k12.wa.us/everett
- CCCP Facebook page

CCCP is closed when the Everett School District cancels or delays school. Afternoon PreK is canceled as well, even if the roads clear up. Keep in mind that the district makes their decision for the day around 5 am and must consider the safety of the high schoolers and teachers who start their day earlier. Occasionally weather conditions worsen during the day and the preschool will opt to cancel afternoon Pre-K only. In this case the class rep will notify their class by sending an e-mail and activating the phone tree.

Teacher Talk...

Correne's Corner

Wow, 2012 already!!! My New Year Resolution for you is to remind all of you to savor every moment in time that you have with your children. Even those more challenging moments will be memorable and precious as your children grow and mature. Your memories will help you see the progress that your children are making just as my observations do each day—what marvelous human beings they are!

Speaking of observations, the Pre-K's classes will continue to keep quite busy with only five more months of preschool before your children become kindergarteners. In January, I will begin to compile student

Email Updates

If your email has changed since you registered, please let your class rep know.

School Pictures

School pictures will be at the school on February 29, March 1, and March 2. More details to follow!

Referral Program

Don't forget to spread the word to your friends that there are still openings at Cedar Cross so that you can take advantage of the NEW REFERRAL PROGRAM! If you are a member of the school and referred a friend who enrolls their child after, you will receive a \$25 VISA gift card once that child has completed 3 months at CCCP. Right now we have spots in Th2, F2, and PM4. Both 3's classes are full and the AM4 is full. Thank you for your help.

Save the Date!

This year's "Spring Fling" is going to be held on Saturday February 25th from 10am to noon. All CCCP families are invited! The theme is Celebration at the Cedar Cross Castle and we will be encouraging all our Princesses-in-training and young Squires to join in the castle festivities. This party will have face painting, tournament games and prizes, costume photos, shield and tiara decorating, stories with the King, and more! You won't want to miss it! Look for an invitation in your cubby as well as announcements and sign-up sheets for volunteer positions to help out during the party.

assessments—parents may see me “playing” math and literacy games with individual students either in the nursery or spare classrooms. These assessments along with other information such as the kid writing and drawing will be compiled into kindergarten readiness conference folders for each of the children and shared with parents when all of the evaluations are completed.

Also during the month of January, we will be celebrating winter and learning how to stay safe through units about community helpers, fire safety, and stranger danger. For information about home fire safety, Fire District #7 has a new website where you will find information about a home fire escape plan – www.firedistrict7.com. We will be going on a fieldtrip to the airport fire station on Wednesday, January 25th—watch for the fieldtrip form. We will celebrate Martin Luther King’s Birthday in mid-January. It will be the Year of the Dragon beginning at the end of January so we will celebrate Chinese New Year with many fun activities.

On Wednesday, February 8th, we will be going to Dr. Casey Culberson’s Mill Creek Family Dentistry office. Other dental activities include learning about brushing and stain removal, looking at real teeth, counting teeth and toothbrushes, painting with toothbrushes, and playing dentist at the play dough table and dramatic play area. These activities will be integrated with Ground Hog’s Day and Valentine activities as we begin February. (More to come in the February newsletter.)

HEADS UP!!! Space weeks are also coming in March. The AM class will be bringing their ships the week of March 12th-16th. The PM class will be bringing their ships the week of March 19th-23rd. Remember the ships must fit through our classroom door whole—more information will be forthcoming.

I want to thank Jamie Meisner, Marcus’s Mom, for cutting new side windows in our dramatic play area surround. It will make monitoring the activities in dramatic play much easier—if you see behavior that needs redirecting be sure to take action.

I want to thank Taryn Kaylor and Teacher Lesa for keeping my classes going, getting all of the kid presents finished, and keeping me informed throughout the whole process. In my 24 years of teaching I’ve only used 3 sick days before this year so I thank God for my health and also for keeping me from a more serious injury this time around. My New Year’s Resolution is to make sure I watch where I’m stepping ☺ and to continue to count my blessings for my family and my Cedar Cross Preschool Family.

Happy New Year! -*Teacher Correne*

Lesa’s Lines

Happy New Year!! Here we go 2012, are you ready? The 3’s classes will blossom so much by spring, as they have already started to show some blooms. I have enjoyed getting to know each child as the school year progresses. Thank you to everyone for all you do to help our class grow.

A big thank you as well for all the wonderful gifts, cards, special ornaments, goodies, and much more that you showered me with for Christmas. I hope you and your families had the most wonderful time together. My big family news... my daughter is engaged! It is truly going to be a big year at the Leonard home.

As we go into our January-February curriculum your child will experience some of the following: Transportation unit, community helpers, winter wonderland, safety and how God keeps us safe. This is one of my favorite units. We will be looking forward to a visit from the Fire House and maybe even a police officer. This is a great time for you to think of visiting our classes and sharing your occupation. Your child would love to show you or another family member to their teacher and class. Please let me know if you are interested in sharing.

Remember to send those coats with names inside so we can continue to go outside if weather permits. Hope everyone is healthy and ready for school.

Much Blessings and Love, *Teacher Lesa*

Too much screen time?

Fun Activities to Stimulate Your Inactive Child.

WRITTEN BY MARGARET BELL, PT, DPT

Studies show that children who watch several hours of TV a day tend to have greater health risks than children who spend this time engaging in physical activity or non-screen time activities. In today's society we are surrounded by screens – television sets, smart phones, computers, iPods, portable video games – and the list continues to grow. All of these gadgets are full of gripping and sometimes mindless entertainment that can keep us content for hours on end, no matter what our age. With more and more time spent in front of the screen, we are also losing direct social contact time, which is necessary to build and refine social skills. Not all screen time is “bad.” A lot of what is offered is educational, helpful, a great way to explore our world and sometimes just pure fun.

While it is fine to include some screen time activities in your child's day, it is also important for children to engage in non-screen activities to stimulate growth, learning and social skills, as well as to promote and teach healthy lifestyles. Try to add physical activity into your everyday routine where everyone stands up and moves. Make sure you pick activities that your child enjoys, while also encouraging him or her to try new movements. You may even let your child help choose the activity from a list of 2 or 3 options.

Now that winter is here and we are spending less time outside, it becomes more difficult to stay physically active. Below are some ideas of things to do indoors during the winter months to help your kids stay active:

- 1. Make an obstacle course out of cushions, pillows, blankets, or yarn, and things to crawl over, walk or balance on, and jump over.*
- 2. Play balloon tennis or balloon volleyball.*
- 3. Have a crab-walk or bear-walk race.*
- 4. Make a hopscotch grid with tape on the floor.*
- 5. Set a timer for 1 minute, and see how many jumping jacks, sit-ups, hops on one foot, or heel raises (going up on tip-toe) you can do. Try to beat your number the next time.*
- 6. Go explore a Children's Museum, Aquarium, or Science Center.*
- 7. Play charades.*
- 8. Play Simon Says.*
- 9. Put on music and dance!*

This article can be found at

http://www.nwnews.com/index.php?option=com_content&view=article&id=5499%3Atoo-much-screen-time-fun-activities-to-stimulate-your-inactive-child-&catid=96%3Akids-world&Itemid=55